

September 2020

The Camels



Magazine

The Cam Vale Ministry Team

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Queen Camel Email: Queencamelvillage@gmail.com
West Camel website: www.westcamel.org.uk
West Camel Email: info@westcamel.org.uk

St Barnabas Church Website: www.stbarnabasqueencamel.org.uk

Cam Vale Benefice Website: www.camvalebenefice.org.uk

For the latest information on services and events at all our local churches,
details of how to book weddings and baptisms, and advice on funerals.

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WEATHER RECORDS FROM MEAD FARM, DOWNHEAD

JUNE 2020

Maximum temperature: 31.5 C (89 F) on the 25th
Minimum temperature: 5.3 C (42 F) on the 7th
Grass level minimum: 2.3 C (35 F) on the 7th
Total rainfall: 134.1 mm (5.28 ins.)

JULY 2020

Maximum temperature: 31.6 C (89 F) on the 31st
Minimum temperature: 4.8 C (41 F) on the 11th
Grass level minimum: 3.8 C (38 F) on the 11th
Total rainfall: 43.0 mm (1.69 ins.)

EDITORIAL

Dear friends

What strange lives we have all been living for the past almost six months – but gradually and very carefully many of us are beginning to find our way out of our front doors and gardens, with masks to hand, and leaving plenty of room around us as we walk the pavements and footpaths of our neighbourhood. Life is coming back, all be it in a new way, a new way that may need to continue for some months, if not longer, if this nasty virus cannot be conquered.

September though will bring more new experiences for many of us – with all children going back to school – again with many new rules in place for their own and their teachers' safety. Some more of the workers who have been furloughed will be back at work. More of the pubs and places of entertainment are finding ways to attract us back, with social distancing measures in place, and plenty of antibacterial hand washing, etc.

Our churches locally too having been carefully finding ways to open their doors – firstly for private prayer, a quiet moment away from the other stresses and strains of our lives – and this continues – see the previous magazine for the times in each village – or look on our website – www.camvalebenefice.org.uk, if you haven't already found your way to the church door. We began to offer services from the beginning of August, starting off very carefully in each church in the benefice with just one service during the month. But as you will that see from this edition of the magazine we now feeling confident enough to offer two services on most Sundays, giving people more choice, and more importantly with the social distancing measures that we have to abide by, which creates a maximum number of people that can attend any church together, two services means two maximums – so hopefully space for everyone across the benefice who wishes to attend. But these strange times mean strange measures, and so like going to visit a theatre we now have to book our attendance in advance, by ringing a churchwarden, it would be terrible to arrive at a church door and be turned away because it was full – and like pubs, etc, your contact details will be taken (just in case!).

In a strange way this makes me think of the story in the Bible where Jesus feeds a gathering of 5,000 people after preaching to them on the hillside. Luckily for Jesus he didn't have to worry about numbers, though I think there were more people listening to his sermon than the disciples had expected! Today for a gathering like that there would be sound systems and a stage, as well as snack vans, ice cream vans, etc lined up ready to feed the very hungry and thirsty audience! But not then 2,000 years ago. All the disciples could find were two loaves of bread and five small fishes, which a small boy offered to them, depriving himself of his own pack lunch, which he had had the sense to bring with him. Jesus blessed this little offering and by so doing the disciples were able to feed everyone, and there were twelve baskets of leftovers! I have often wondered if that first offering by the boy, actually encouraged other people who had brought some food to have the courage to add their bread and fish to the common basket, and not to keep it all for themselves – who goes out for a long day in the hills without something in their pocket?

There is a saying about great oak trees growing from small acorns, and this is what happened to the boy's lunch – it grew, and maybe after the lack of church for most of this year, when many of us have explored the services on the radio, on U tube, on a variety of networks, to actually meet up with other Christians and people looking for a deeper understanding of God in a church service might be the next step forward. Katharine and all the team hope to see you soon.

Rosemary Rymer



Lockdown has certainly affected us but we are gradually emerging and restarting. As well as continuing to reclaim the garden frontage, this restart includes internal refurbishment and signing up new tenants. We thought it would be good to introduce you to some of those already working at the Old School or about to start working there.

We still have rooms available for others who need more space to start or expand their own enterprise. Our art gallery and hot desk facility have both been on hold due to the restrictions relating to C-19 but if you are interested in either of these or in renting a room (or part of a larger room) please contact us through admin@oldschoolqueencamel.org.uk or ring Rosemary on 01935 850254.



We are still looking for suitable hardy plants including herbs for the frontage. We also need a variety of garden and tool shed equipment, e.g. a lightweight wheelbarrow, troughs for planters, vintage tea sets (individual cups/saucers and plates or sets), and a couple of perfect condition Victorian style washbasins, should any reader have any of these items surplus to their needs. We would, of course, collect.

... and now let us introduce you to some of our existing and new tenants:

Andi Loveridge and Victoria Ware in 'The Space' providing Occupational Therapy Services

'The Space' offers a large sensory gym, a rare thing in the southwest, allowing skilled intervention to impact the individual's ability to be successful in their desired activities.

Andi: I am delighted to have a clinic space at the Old School. The Space offers assessments, training and treatment sessions for children and young adults (and the young at heart) their families and their educators. I am an Advanced Sensory Integration practitioner along with Bobath (cerebral palsy and head injury) and feeding difficulties post graduate training. If you would like to chat please contact me on andiloveridge@yahoo.co.uk

Vicky: I am an HCPC registered Occupational Therapist and work with children and young people with a particular focus on sensory processing and attachment. I can carry out individual assessments and therapeutic interventions as well as providing bespoke training. Please contact sensoryaware@gmail.com for more information.

Marilyn Upton: Hon B Ed FAHSM D. Hyp CNHC DPSW

I am an experienced talking therapist using CBT Hypnotherapy and Stress Management techniques. I'm at the Old School on Saturdays, and other times by arrangement. Lockdown has been difficult for many and I can help with the uncertainty that it has brought about. I help people of any age with the blocks that prevent them from living full lives. I love helping my clients to find the lost keys that unlock them from anxiety, depression, phobias, sleep issues, past trauma and many other issues.

My Relaxation mp3s and CDs soothe and calm, helping a person to think clearly.

Previously I was a teacher, so I frequently help young people - and my oldest client so far has been 92! Do contact me. Don't suffer in silence! For a chat about how I can help please leave a message on: 07785 181 991 or 01935 850696, or email me on: mjeupton@gmail.com

Facebook: Marilyn Upton Hypnotherapy Website: marilynupton-hypnotherapy



May I introduce HomeFirst Plus. Based at the Old School we are, like the CLT, a not-for-profit community company and social enterprise – and the Old School's longest based tenant.

We provide affordable homes for over 200 individuals, couples and families within Somerset. From the Old School we supply mobility aids including home adaptations, wet rooms/level access bathing and stair lift installations, servicing and repairs (for private or disabled facility grant work). Alongside this is our online shop for high quality, second-hand furniture, and our Total Home 100 programme where we arrange and manage all your home repairs and improvement needs using trusted contractors and handy persons.

We have also just started an individually tailored cleaning service for private residences and businesses, offering custom deep-cleaning, bacterial/virus disinfection (including coronavirus) and a property clearance service.

Because of Covid-19 restrictions, meetings now have to be by appointment, so if any of the above are of interest to you, please make contact through 01935 319006 or e-mail office@homefirstplus.co.uk. On behalf of HomeFirst Plus, we look forward to meeting you.

Rachel



I'm excited to be launching Koala Tree Child Therapy in the Old School from September 2020. I provide Play Therapy to children age 4-12 years. As a Play Therapist I am Post Graduate Diploma qualified, and am registered with PTUK/PTI and the PSA to practice.

Play therapy is a developmentally appropriate form of counselling or psychotherapy for children, using toys and creativity as the child's medium to communicate and express themselves. Play therapy is an evidence-based treatment model, effective in treating over 300 referable conditions such as anxiety, bereavement, challenging behaviour, divorce, peer relationships, adoption (ASF registered), to name a few.

I also work with children with special needs and have worked in special education for many years. I feel passionately that developmentally appropriate therapy is a lacking service for these children. I am one of the first certified Autplay practitioners in the UK specialising in working with children (3-18years) and families with autism and other neurodevelopmental disorders. Please get in touch by phone 07597 055235 or e-mail me at lily@koalatreecology.co.uk

Sebastian Bolan: SEBASTIAN BOLAN THERAPIES

I will be launching a range of holistic therapies in late September at the Old School. These currently include: Reiki, Indian head massage, Thai foot massage, Facelift massage and full body massage.

I am a Reiki Master with Usui lineage. Reiki is an energy-based healing method which can help to relieve pain, stress and also helps with physical and psychological imbalances. My other massage therapies are mostly for relaxation and to relieve stress.

I am friendly and open and love to help people feel more relaxed and harmonious. I am constantly learning new holistic therapies so watch this space.

To book a session or to find out more information please call me on 07880 334471 or email me at sebastianbolan123@gmail.com. My website and social media will be up and running from mid-September: www.sebastianbolantherapies.co.uk

Adopt a Path!

Fed up of overgrown stiles and gates? Can't see signposts or waymarks? Do you enjoy walking, riding or cycling? Do you tend to use the same path regularly?

Why not adopt-a-path and help us to look after it?



How you will help:

- Walk, ride or cycle a path as often as possible
- Report any problems you encounter to us or a local Adopt-a-path Co-ordinator
- Help with cutting vegetation back from signs, stiles and gates
- Keep an approximate total of time spent clearing vegetation
- Promote responsible use of the path

Would you like to join? Please contact:

ROWVolunteers@Somerset.gov.uk



Chimney sweep and
vacuum
clean and friendly
service
covering all local and
surrounding areas



For more details please call Daren on 01935 850913



QUEEN CAMEL TENNIS CLUB

The Club has enjoyed a busy couple of months since lockdown restrictions were lifted and our Pay & Play facility has been hugely popular. Individual, family and limited group coaching for children and adults has restarted and a Club Tournament is currently underway. Club Nights have resumed on Tuesday evenings from 6.00 pm and have been well supported. A Wednesday afternoon Club session from 2.00 pm has also restarted and will continue through the year.

Our coaching programme from September will be as follows:

WEDNESDAYS:

4.15 - 5.00pm - ages 5 – 7

ages 8 - 10

5.00 - 6.00pm - ages 8 – 10

ages 11+

6.00 - 7.00pm - boys advanced group

adult advanced

7.00 - 8.00pm - adult improvers

8.00 - 9.00pm - Cardio tennis

SATURDAYS:

9.00 - 10.00am -

10.00 - 11.00am -

11.00 - 12.00 noon -

Please contact the Club coach, Antonia Corp on 07590 579 800 or email her at antoniajanec@hotmail.com for more information. Alternatively, please visit our website www.queencameltennisclub.co.uk for full information about coaching and everything else that the Club has to offer.

Pay & Play is open to anyone who wishes to play, regardless of whether or not they belong to the Club. Booking and payment can now be made automatically online by visiting our website:

www.queencameltennisclub.co.uk and once completed, a code will be sent giving the code to access the courts.

If you are considering joining the Club, please visit our website and read all about QCTC – and you can even join up online. Alternatively, if you have any questions and/or would like to discuss membership of the Club, please call Marian (850 139) or Morwenna (850 300)

Whatever you do, come and hit a ball and have some fun. It's a great game!

www.queencameltennisclub.co.uk

ST BARNABAS CHURCH NEWS : SEPTEMBER 2020

HAPPENINGS IN THE LAST FEW WEEKS . . .

The Church has taken its first tentative steps towards re-opening and a Benefice Service to introduce Katharine Hawksley was arranged on the first Sunday in August. The response to this was most encouraging after the many months of lockdown, so much so that we held two consecutive services in order to accommodate everyone who wished to attend. In line with Government and the Church of England requirements, the church was thoroughly cleaned prior to each service and social distancing and hand sanitizing were closely monitored and a list kept of all those attending for the purpose of 'track and trace'. Afterwards Katharine was able to talk briefly to parishioners from Queen Camel as well as the other parishes within the Benefice.

COMING UP . . .

Rose Hoskins' final service will be held at Weston Bampfylde Church on Sunday, 30th August at 10.00 am. The Church Warden there will need to know in advance who will be attending – please could you let Paul or Morwenna know and they will collate and pass on the information. It is hoped that the weather will be good and that people will be able to sit outside the church on chairs/blankets which they are kindly asked to bring. Should the weather be wet, the service will transfer to St Barnabas Church, Queen Camel.

A Holy Communion Harvest service will be held with West Camel on Sunday 13th September at 9.30 am. Everyone is warmly invited to attend, including families with their children. We will, though, need to know who plans to attend because of seating/social distancing. Please could you let Paul Davis (850 139) or Morwenna Ford (850 300) know if you hope to join us. We will be collecting non-perishable food items for the Lord's Larder on the day so please do bring them with you. Most regrettably, there will be no Harvest Lunch in the Memorial Hall afterwards.

The service will be followed at 10.30 am by our Annual Parish Church Meeting. All those who are on the Church Electoral Roll are invited to attend.

A Together @ 10 Service will be held on Sunday 27th September at 10.00 am and, once again, we would ask anyone who wishes to attend to get in touch with Paul or Morwenna beforehand.

It is most unlikely that our annual **St Barnabas Christmas Fayre** will take place at the end of November. Instead we plan to create a Christmas Catalogue of some of the more popular items that can be found at our Fayre and this will be circulated with the October magazine. In the meantime, Marian Davis (850 139) will be starting to prepare her Christmas Cake mix and would be grateful if anyone wishing to order a cake could let her know as soon as possible, please. The cakes on offer will be:

4" square - £10.00 + £1 extra if you require royal icing
6" square - £22.00 + £2 extra if you require royal icing
7" square - £27.50 + £3 extra if you require royal icing
8" square - £35.00 + £4 extra if you require royal icing

COUNTESS GYTHA COMMUNITY PRIMARY SCHOOL

Staff Update

Mr Luke Talmage &
Mrs Lisa Thompson



Hello to everyone at Countess Gytha, and our neighbours in the beautiful village of Queen Camel.

We are delighted to be able to introduce ourselves as your new Head Teachers from September 2020, and are keen to share with you that the new normal that has been started by Mrs Goodland this term, will become even more routine as we plan to welcome all the children back to school in September and reduce as many barriers as possible.

Mrs Goodland has told us that it has felt wonderful and delightful to have many of the children return these last few weeks, and to hear the sounds of happy children wafting in from the playground once again. It really is a joy to know that we can begin to return to normality in September and fill the school with joy, fun, and laughter – alongside excellent learning of course.

Mr Talmage is an experienced Head Teacher, and is excited to be able to work with the children, families, staff, Mrs Thompson and the Governing Body of Countess Gytha over the coming year. He has been the Head Teacher at Manor Court Primary School, in Chard since April 2017 and was appointed prior to the school becoming an Academy sponsored by the Preston Primary Academy Trust. Prior to his arrival, Manor Court consistently failed to meet a ‘Good judgment’ in the eyes of Ofsted and was last judged to be higher than Satisfactory in 1998. Manor Court has consistently achieved high results for the past three years and was judged to be secure ‘Good’ by Ofsted in December 2019.

Mrs Thompson is returning to Countess Gytha after working at North Cadbury C of E Primary School for the last year, following on from her promotion from Assistant Head last year. Under her care North Cadbury has thrived this year, and also achieved high results. Mrs Thompson has been an integral part of the further development of a fantastic sense of shared community at North Cadbury between parents, teachers and children alike. She is also excited to be able to work with the children, families, staff, Mr Talmage and the Governing Body of Countess Gytha over the coming year, to move this wonderful school further forwards.

As Head Teachers of Countess Gytha, Mr Talmage and Mrs Thompson will bring their joint skill sets to Countess Gytha and work together to further develop this lovely school, build a school community that is inspiring, embracing, caring and which has the highest of expectations and aspirations for children, staff, parents and governors alike, to ensure that Countess Gytha truly thrives. We wish Mrs Goodland all the best for her future and look forward to working with you all soon. Mr Talmage & Mrs Thompson

CHURCH CALENDAR FOR SEPTEMBER 2020

- 6th** *Readings: Ezekiel 33.7-11, Romans 13.8-end, Matthew 18.15-20, Psalm 119.33-40*
9.30am Holy Communion Harvest Service at Sparkford
with Weston Bampfylde
c.10.30am Sparkford APCM
6.30 pm Evening Prayer at Sutton Montis
- 13th** *Readings: Genesis 50.15-21, Romans 14.1-12, Matthew 18.21-35, Psalm 103.1-13*
9.30am Holy Communion Harvest Service at Queen Camel
with West Camel
c.10.30am Queen Camel APCM
6.30pm Evening Prayer at Weston Bampfylde
- 20th** *Readings: Jonah 3.10-end of 4, Philippians 1.21-end, Matthew 20.1-16,*
Psalm 145.1-8
9.30am Holy Communion Harvest Service at Corton Denham
with Sutton Montis
c.10.30am Corton Denham APCM
11.00am Morning Prayer at West Camel
- 27th** *Readings: Ezekiel 18.1-4, 25-end, Philippians 2.1-13, Matthew 21.23-32,*
Psalm 25.1-8
10.00am Together at 10 at Queen Camel
(possible repeat at 11.30am if numbers require)

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FROM THE REGISTERS

Baptism

9.8.2020 Louis Birch at Queen Camel

Wedding

1.8.2020 Michael Fox and Susannah Odgers at Corton Denham

Funerals

27.3.2020 Janet Perry at Mendip Crematorium

2.4.2020 Ian Packer at Yeovil Crematorium

22.4.2020 Christopher Humphry at Queen Camel

4.5.2020 Gwenneth Inggs at West Camel

18.5.2020 Doreen Card at Yeovil Crematorium

12.6.2020 Margaret Rushworth at Yeovil Crematorium

4.8.2020 David Offley at Mendip Crematorium

6.8.2020 Gerarda Solomon at Corton Denham

QUEEN CAMEL PLAYING FIELD COMMITTEE AGM

The delayed Annual General Meeting of the QC PFC will be held on Friday 25th September 2020 @ 7:00 pm in the Main Hall of The Memorial Hall.

Do you or your children, grand children or even great grand children that use the village playing field and play area? The Playing Field Committee would welcome new blood to help maintain and manage the field. We are currently looking to identify more volunteers who are willing to help out with practical working parties and trustee members to attend approximately four committee meetings a year.

The AGM is open to ALL parish residents, to receive reports of the past years activities, hear our plans for the future and to air their views and elect 5 trustees to the committee to represent the village. If you have time and energy to offer the Playing Field Committee, please come along and give us your support or contact the Secretary by email qcpfc@hotmail.co.uk or phone 850135.

The Playing Field Committee is an independent registered charity, set up in 1964 to manage the field, which was purchased by public subscription on behalf of everyone in the village. The Parish Council support the Playing Field Committee with maintenance grants, however the greatest value is added by volunteers who maintain and repair the facilities, organise fund raising activities and apply for grants.

To comply with Covid-19 Regulations,
Face Coverings must be worn;

Attendance is limited to 20 people, hence this will be a ticketed event. Tickets will be allocated on a first come – first served basis to applications received after 12:00 on 1st September either by email to qcpfc@hotmail.co.uk or phone to 850135 giving name and contact details (only one applicant per household please)

P.Naylor Sec QCPFC

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QUEEN CAMEL & DISTRICT HORTICULTURAL SOCIETY

Due to the situation at the moment, Castle Gardens have cancelled our discounted shopping trip and talk. Our October and November talks have also been cancelled. We will decide what to doing December later on in the year. Regards to all members.

Jane Mconald

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KEN CROOM

Following an admission to Yeovil Hospital at the end of May, and then a subsequent admission to Wincanton Hospital, Ken has moved to a local residential care home. If anyone would like his contact details, or to find out how he is, please email his son, Neil, on neilsc1@yahoo.com Paul, Rachel and Neil would like to thank everyone in the village for the concern that have shown for Ken in recent months.

Open Pathway Retreat Centre

Charity 800412 ~ Tel: 01935 850266

International Peace Day Celebrations September 19th



Gardens open from 2.30

Spiritual Sayings Treasure Trail in the Secret Garden

Prayer tree for your prayer ribbons

Iona Service for Light at 5.30pm led by Julie Ebsworth

(Please book in advance for all of above~ all ages welcome ~ social distancing and masks ~ bring your own refreshments)

Bones for Life from 15th September

Tuesdays 9.30-11.00am. £10.50 per class. Sore, stiff and aching? Or just want to free up your spine and joints and enjoy moving?

Yoga & Relaxation from 14th September

***Monday 6-7.30pm and Friday 9.30-11am. £6.50 per class.
Individual appointments for Energy Therapy, Progressive
Counselling/Coaching and Meditation training.***

Retreats and accommodation

**We'd love to see you ~ give us a call
Christy, Daniel Francis and Fiananda
Email: findyourway@openpathwaycentre.org**

CAMELS' EYE



Highways England (HE) engineers spent three years planning and designing a new dual carriageway for the A303 between Hazlegrove and Podimore. They are confident that they know best - roads are their business - so when our Parish Councils called for major changes to the proposed junction layout at Hazlegrove and for the existing A303 to be retained as a parallel road for local traffic they simply weren't interested. But the man at the top takes a different view: the Secretary of State for Transport who has the final say has told HE that he "is minded to refuse" their planning application as it stands.

Could do better

The minister was briefed by the Examining Authority (a couple of planning inspectors) whose 500-page report lists the application's shortcomings in great detail. It describes as "unfortunate" HE's dismissal of the Parish Councils' ideas, it criticises the refusal to countenance a parallel road and it recommends that the application be refused. The Minister himself cites arguments put forward by the Parish Councils among his reasons for considering refusal:

- The inconvenience and danger for walkers, cyclists and horse-riders forced to make long detours and/or use an unlit underpass to get from one side of the A303 to the other;
- Loss of trade for Mattia Diner, Camel Hill Service Station, the A303 Bakery, and other businesses when the existing A303 ceases to be a through road;
- Fly-tipping and other anti-social activity on the Camel Hill section of the old A303 when it is blocked off and becomes a dead end;
- The impact of traffic noise on properties close to the new road.

Up the junction

Our Parish Councils strongly support the scheme in principle but have major reservations about the design and they "wholeheartedly applaud" the Minister's stance. Likewise they broadly welcome the Examiners' report but they are seriously concerned about the design of the junction at Hazlegrove - so much so that apparently they would rather see the scheme as a whole turned down than go ahead with the junction as currently proposed, confident that if this were to happen a new scheme with an improved junction design could be submitted and approved without undue delay.

Ouch!

The County Council sees things differently. It is dismayed at the prospect of the scheme being turned down and believes that its benefits to the region as a whole would far outweigh any harm. And unsurprisingly Highways England itself is highly critical of details in the Examiners' report, noting drily that "The Examining Authority is not a highway designer".

Déjà vu all over again?

What next? Will we actually get our road this time? Or will this scheme join its two predecessors on the scrapheap? Your guess is as good as mine. Interested parties have been given until 16th September to have their final say and the Minister has promised to

make his final decision by 20th November. At least no one can accuse us of not getting on with things in this country!
P.P-C.

THE DAVIS HALL, WEST CAMEL

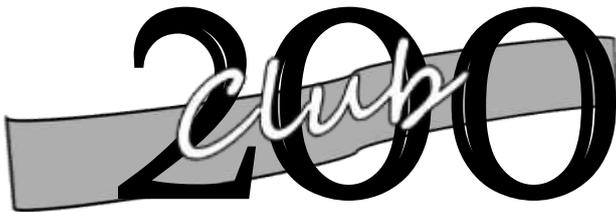
The Hall hopes to be opening for events that can be run within Covid 19 guidelines from August 1st.

We would be particularly keen to hear from our Cinema goers whether in principle they are likely to attend films this Autumn as we need to ensure we have a viable audience? There is the possibility of running a Matinee and an Evening performance on the same day allowing plenty of space between attendees - would an earlier showing appeal to anyone? Replies please to marygordon2901@gmail.com on both scores.

Please get in touch with whoever runs the events you would like to join, to find out when and if they are restarting.

The kitchen will not be available - bring your own refreshments and please help us to keep everyone safe by following the instructions at the Hall and keeping a safe distance at all times.

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QUEEN CAMEL MEMORIAL HALL 200 Club

July 2020 Winners

- First Prize:- £30 Helen Hart– No. 80
- Second prize:- £25 M. & M Ford -No. 130
- Third Prize:- £20 Sue Gettings - No.16
- Fourth Prize:- £15 Karen Lees – No.150
- Fifth Prize:- £10 Bryan Norman – No. 82

August 2020 Winners

- First prize:- £30 Jo Pender-Cudlip – No. 128
- Second Prize:- £25 Jo Burgess – No. 115
- Third Prize:- £20 Mrs E Hutchings - No. 57
- Fourth Prize:-£15 Elizabeth Nicolson – No. 148
- Fifth Prize:- £10 Mrs R Wellwood – No. 29

September is the time to join or renew your membership of the 200 club. You should receive a form in September but if you don't then contact Liz Jardine 850074. First New Year draw is on October 19th. Be in it to win it!!

We are extremely grateful to everyone who supports our village hall.
Thank you.

SPARK SOMERSET

Local charity, Spark Somerset, is working to improve health and wellbeing in South Somerset, by supporting the local voluntary and community groups that offer vital health and wellbeing support, identifying gaps in provision, and developing new groups and activities where needed.

Through this work, a gap has been identified in support for unpaid carers aged between 18 and 60 years and living in the Rural Practice Primary Care Network which covers Bruton, Wincanton, Castle Cary, Queen Camel and Milborne Port. In partnership with the Carers Champions at the local GP surgeries, they are conducting a survey to help them better understand what services and activities might be needed.

They would like to hear from anybody who is:

Caring for a family member who has a disability, long term physical or mental ill health, or struggles with substance misuse

Aged between 18 and 60 years

Registered with any of the GP surgeries in Bruton, Wincanton, Castle Cary, Queen Camel or Milborne Port

Sue Crisfield, Spark's Social Prescribing Co-ordinator, said:

“We would really like to know what kind of information, advice and support local carers feel they need. Obviously at the moment, due to Covid-19, we are living with a number of restrictions and social distancing measures are still in place, but we are still keen to receive your thoughts, comments and ideas, to help us with our future plans. Perhaps you would like to take respite breaks with other carers, or form an online group, or just meet up regularly to support one another - your ideas would be warmly welcomed!”

The deadline for the survey is Friday 18th September. To take part in the survey, visit <https://www.sparksomerset.org.uk/carers-survey>. For a paper copy, you can email support@sparksomerset.org.uk or call 01458 550973. To find out more about local health and wellbeing support, visit www.wellbeingsouthsomerset.org.

RAINBOWSMILE CARE

Carer with 20 years experience. Friendly and discreet, DBS, insurance and references available.

Registered on South Somerset micro Provider directory.

Offering, but not limited to: personal care, meal preparation, housekeeping, trips, companionship, respite, sitting service, night sits and return from hospital care.

Phone Kara on 07944 879437

THANKS

Hats off to Morwenna Ford and Alison Swetenham!

They, together with Lesley Naylor, have made a *huge* number of face masks, which have been sold at our local Queen Camel Stores. A family and two other ladies - all from Queen Camel - cut out the materials for them. As at 17th August, £781.87 has been donated to St Barnabas Church and, unsurprisingly, Morwenna and Alison say 'that is it'! Well done to everyone involved, including the Supply Stores for selling the masks. That was terrific! And a generous vital gift of skills and time, for the safety of our community in these Covid-19 times.

Pauline Lewis, PCC Treasurer

I would like to say thank you to Paul, Linda and their excellent team for the splendid way they have kept us all fed and watered during the present lockdown. I know that Paul has had considerable difficulties keeping supplies of several commodities in the shop, and has spent long hours, and many journeys to ensure that we are all well supplied, and I feel a big thank you is appropriate.

Arthur Thring

VILLAGE CAFE

Greetings to all our customers and helpers!
We hope you are all keeping well.



We have explored the possibility of opening Village Café again, but sadly we find that owing to the strict and extensive conditions under which we would have to operate it is not possible at this time.

We very much hope we will be able to open again at some future date.

Rosemary and Vanla

CAROLINE HOLBROOK TUITION

Does your child need extra support to achieve their true potential? Are they lacking in confidence?

If you are wondering how you can best support your child with Maths or English, I can offer weekly sessions, giving tailored support to meet their needs.

As a very experienced primary school teacher, I would love to help your child gain greater confidence and knowledge to help them progress.

Please contact me to arrange a first session:

Tel: 07751156180 Email: carolineholbrooktuition@gmail.com

FROM OUR VILAGE AGENT

Talking Café Live on Facebook:

Have you caught any of our sessions we stream live daily on Facebook? If not you can catch up on any of the Talking Café Lives here:

www.facebook.com/talkingcafesomerset/live.

A Village, Carers or Community Agent from CCS are LIVE weekdays at 11am to answer any questions or concerns you have – you can also ask privately via a message to the page. Each day Agents cover a different topic, and they have been so varied and interesting - below are just a few:

Focus on Domestic Abuse awareness

Domestic abuse can happen to anyone, of any age. We are seeing a particular rise in cases of abuse being reported by people over 71 years and with one in four women and one in six men experiencing some form of abuse in their lifetime the chances are we all know somebody who is experiencing domestic abuse behind closed doors.

The Government define domestic abuse as:

“Any incident or pattern of incidents of controlling, coercive or threatening behaviour, violence or abuse between those aged 16 or over who are or have been intimate partners or family members regardless of gender or sexuality.”

Getting help if you are being abused

- Online at <http://www.somersetsurvivors.org.uk>
- Call the local helpline: **0800 69 49 999**
- In an emergency always **dial 999**, even if you cannot speak for fear of being overheard, you can get help by **pressing 55** when the operator answers
- Talk to any health professional or your local Village Agent – we can help!
- Somerset pharmacies allow their consulting rooms to be a safe place for people experiencing abuse to get help and advice

TOP TIPS TO AVOID SOCIAL MEDIA SCAMS

We have all been online and on social media more since lockdown began, and it's important to stay vigilant of new scams circulating. Get Safe Online safety experts have put together some simple tips to help you avoid becoming a victim of social media scams. www.getsafeonline.org

If you become a victim of a social media scam:

- Report it to the social media network via the reporting mechanism on the site or app.
- If you have lost money as a result of social media scams or via any other fraudulent activity, report it to Action Fraud, the UK's national fraud reporting centre by calling 0300 123 20 40 or by visiting www.actionfraud.police.uk.

QUEEN CAMEL MEMORIAL HALL

We are hoping to re-open your village hall, initially only to regular users, in September,
Covid permitting!!

Obviously there will be significant restrictions following government guidelines.
Only the disabled toilet will be available, with hand towels. The kitchen will also only be
available by negotiation with Jill Griffin.

However during, and just before, lockdown we have been improving your hall.

The hall has been painted inside by Rick Maitland,

A new catering Falcon Range cooker and induction pans have been purchased,

A welcome sign has been designed and created by Lesley Naylor.

The memorial plaques have been re-sited.

Wi-Fi has been installed and a Website is in production.

The flower boxes have been revived by Liz Cullis.

We are investigating new curtains and blinds.

The committee strongly objected to the proposed houses adjacent to Jalna.

We are grateful for all the village supporters, especially the 200 club members. September
is the time to renew, ready for the October 200 club draw!

Let's hope that the restrictions are soon lifted so that we can use the hall again for our
village social events.

Further details from Jill Griffin (07707206250) Booking Sec.

* * * * *

WEST CAMEL INDEPENDENT METHODIST CHURCH

Part of the Independent Methodist Connexion



Meeting at All Saints Church

Minister: Ray Ursell (07770 238588)

Local contacts: Geoff and Elizabeth Chapman (01935 850838)

SUNDAY SERVICES:

Sept 6th 6.00pm Mr Ray Ursell

Details of our other services for September were not finalised at the time of publication.
This information will shortly be available on the West Camel Churches Facebook page:

www.facebook.com/westcamelchurches

By email: wc-imc@mail.com

Or by phoning 01935 850838

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Copy by noon on 20th of the previous month, please

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